

# Get your eyes checked!

- Love and care for your precious eyes to prevent sight loss or blindness
- Your eyes are an important part of your health
- Do not wait for symptoms of eye problems:  
get them checked regularly

Get your eyes examined at:

Zonal Hospital walk-in eye clinic in Ankpa or Kabba

Open 9am to 3pm, Monday to Friday

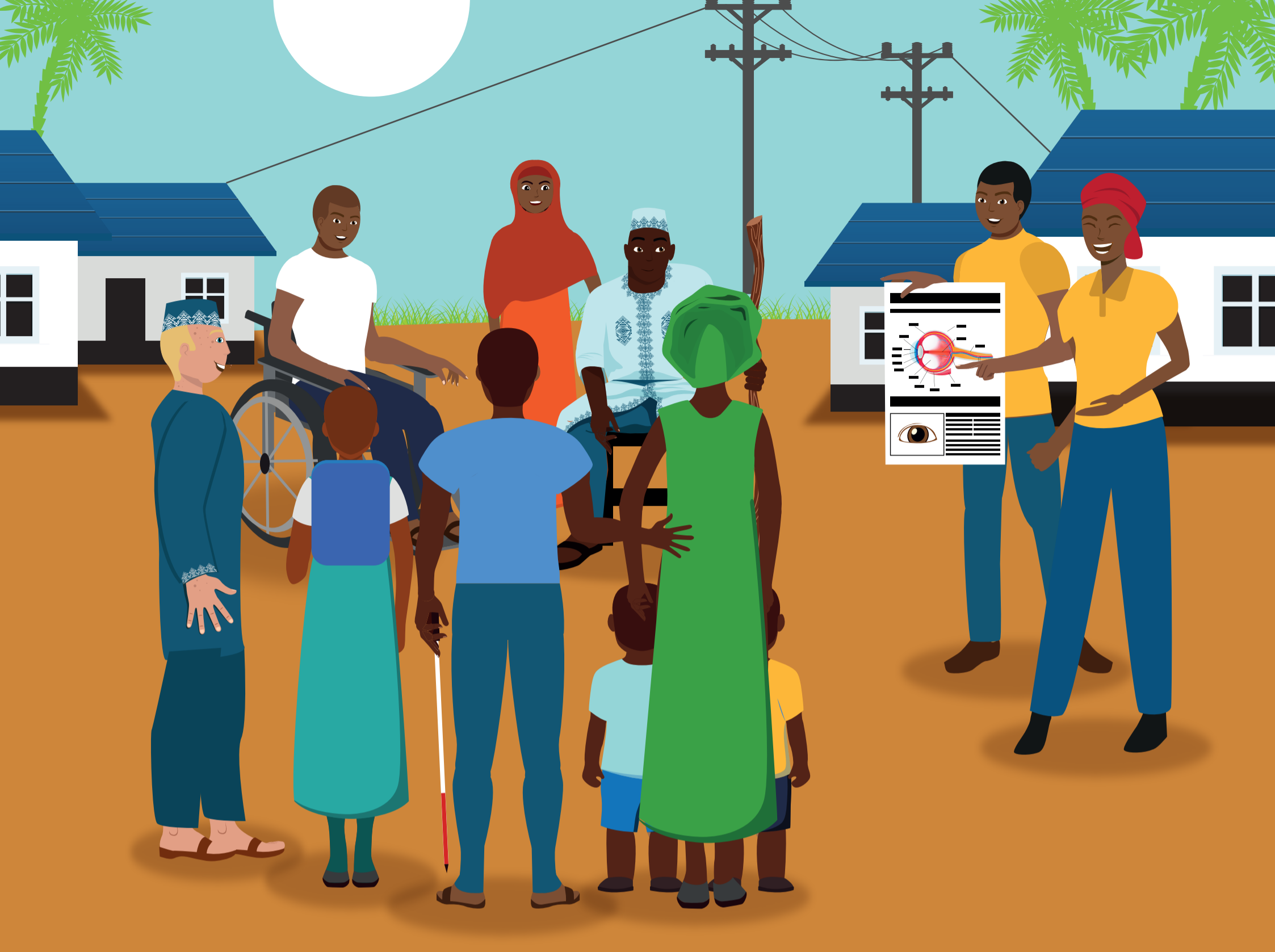


Look beyond my disability

Registered charity numbers 207544 and SC038110.



Sightsavers



# Eye health is for everyone

- Everybody deserves equal access to health care, including people with disabilities
- Encourage and support your family members to get their eyes checked

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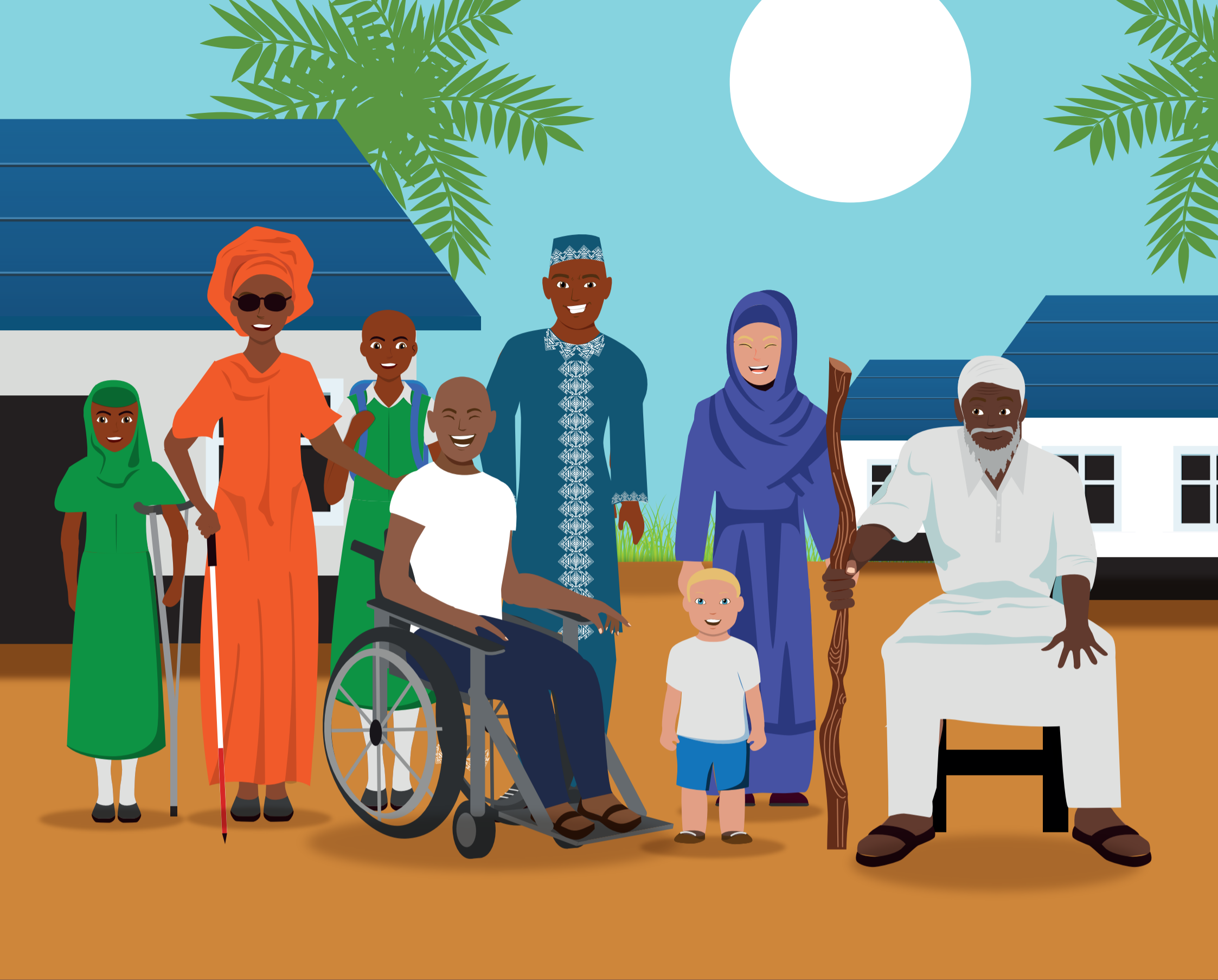
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# I'm more than my disability

- Stop discrimination against people with disabilities
- Disability is not a curse and is not contagious
- Support inclusion of people with disabilities and promote diversity in our community

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