# Inclusive Futures
Promoting disability inclusion

# A recipe for disability inclusion in health programmes

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# From Sightsavers' inclusive health recipe book…

**Inclusive eye health project**
Kogi State,
Nigeria

**Project partners:**
- Sightsavers
- Ministry of Health
- Ministry of Women Affairs and Social Development
- Advocacy for Women with Disabilities Initiative
- The Albino Foundation
- Haly Hope Foundation
- Nigeria Association for the Blind

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# Getting started…

**Preparation**: 3-6 months

**Cook**: 2-3 years

**Difficulty**: Medium

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# 1. Prepare your kitchen surfaces

- Allocate sufficient time and resources to design the project engaging a wide variety of stakeholders

- In-person / virtual workshops

- Co-design – do not just ask stakeholders to review what you have designed

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# 2. Blend 900g of meaningful engagement of organisations of persons with disabilities (OPDs)

- Identify relevant OPDs working at different levels (national, state, province, district, etc.)

- Ensure diversity of voices – e.g. a mix of OPDs representing different constituencies and women-led OPDs

- Meaningfully engage OPDs across the project cycle – e.g. project Steering Committee and key technical activities

- Allocate budget for reasonable accommodations (sign language interpreters, personal assistants, etc.) and to remunerate OPDs for their engagements in key activities

# What are your tips for mainstream health agencies?

# 3. Sprinkle 500g of accessibility on your health facilities



- Conduct accessibility audits of health facilities engaging OPDs and health partners

- Support priority renovations to make health infrastructure more accessible

- Download the pack at: www.sightsavers.org/accessibility-standards

# 4. Gently knead 800g of knowledge, skills and attitudes with health workers and service providers

- Conduct a training needs assessment of health workers and service providers involved in your project

- Develop training resources on disability inclusion and gender equity

- Train health workers and service providers

"My top tip would be avoid stigmatisation and discrimination - you can have all the facilities in check, but if your attitude and behaviour is not good, they will not seek healthcare."
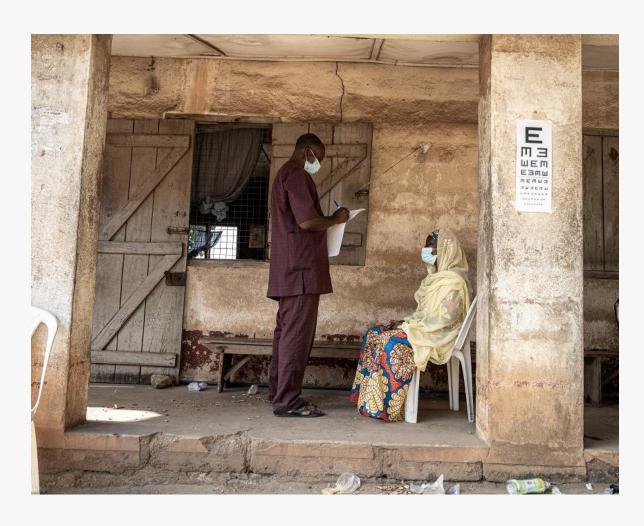
Joshua Obene, eye health programme officer



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# 5. Wrap your project in multiple layers of inclusive data



- Collect disaggregated data on age, gender and disability using internationally validated tools – such as the Washington Group Questions (short set, enhanced set, etc.)

- Link disability data with service provision (e.g. access, treatment, patient satisfaction, etc.)

- Analyse data and use it to inform your interventions

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# 6: Gather learnings and serve warm

- Gather data, evidence and learnings emerging from your initiative

- Disseminate them locally and internationally to influence relevant development stakeholders (government, service providers, international organisations, etc.)

- Example: the National Commission of Persons with Disabilities in Nigeria has now initiated a process to develop a set of national accessibility standards

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# Thank you

## www.inclusivefutures.org